



Nutrition News Flash

Welcome back to school meals! Nutritious food is directly linked to student achievement, and we all want to “grow” healthy students who are ready to learn.

SchoolView

We encourage the parents of elementary school students to sign up for SchoolView, a FREE and convenient way to access information about your child’s meal account. FeePay can be accessed through SchoolView, and payments can be made to your child’s meal account using a credit card (with 4% charge) or checking/savings account transfer. Parents can also utilize the low-balance alert feature in FeePay to eliminate receiving the blue low-balance notes. Please contact your child’s school to sign up for SchoolView.

Free or Reduced-Price Meals

Students who qualify for *free* meals are eligible to receive both a free breakfast and a free lunch each day. Students who qualify for *reduced-price meals* may receive a free breakfast and lunch for \$.40 per day. Please contact your child’s school for breakfast serving times.

Local Lunch

We plan to offer a “Local Lunch” each month featuring a food item that is grown in Minnesota as a way to bring the Minnesota farm-to-school activities to our students in the district. Be sure to ask your child about the fresh, locally grown corn-on-the-cob that will be served in school cafeterias on Sept. 29. October will feature grass-fed beef hot dogs from Cannon Falls.

Family Day - A Day to Eat Dinner with Your Children™

Remember to celebrate Family Day, a national initiative to remind parents that what your kids want at the dinner table is you! The parental engagement fostered during frequent family dinners is an effective tool to help keep kids substance-free. Family Day reminds parents that “Dinner Makes a Difference!”