

DISTRICT 196 GUIDANCE AND COUNSELING MISSION

Guidance aims to promote individual acquisition of a healthy self-concept, decision-making skills, career and leisure-time opportunities and academic skills.

Counseling aims to promote social/emotional growth through the relationship of a trained professional and an individual seeking help.

ADDITIONAL RESOURCES

www.district196.org/rhs

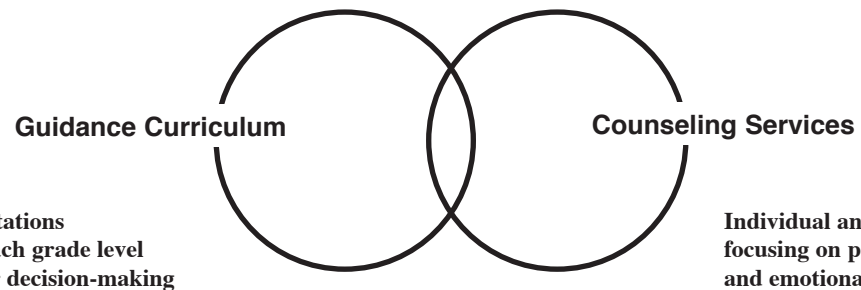
Go to:

- **Guidance**
- **Post high school planning**
 - **College information**
 - **Naviance**
 - **Career information**
 - MCIS (MN Career Information Systems)
Username: rhscareer
Password: rhs
 - Bridges.com (Career and educational information)
Username: 0029716
Password: irish
 - Career Cruising (comprehensive & interactive career reference guide)
Username: rhs
Password: irish
 - **Scholarship and financial aid**
 - **Testing**

THE RHS WEBSITE

Career Development Center: an extensive collection of resources including post-secondary school options, college/career DVDs, military information, financial aid forms, scholarship books and applications, ACT/SAT registration materials and preparation books, college applications, reciprocity forms, career information, college and university guides, and more

THE GUIDANCE AND COUNSELING SYSTEM



Classroom presentations twice a year for each grade level focusing on career decision-making

- Post high school planning
- Career decision-making
- Using the career development center
- ACT, SAT, PLAN and PSAT tests and preparation
- Financial aid

Individual and group meetings focusing on personal and emotional issues

- Support groups
- Consultations with teachers, parents, and other professionals
- Referrals
- Academic and career planning
- Individual support

Grade 9 Presentations to Students

- **Fall – Orientation to High School Guidance Services**

Topics: Student services, graduation requirements, transcripts, MN GRAD tests, appointments, study skills, attendance policy, student ambassadors, peer tutors, and support groups.

- **Spring – College and Career Search Engines**

Topics: Introduction to post high school planning using web-based resources.

Grade 10 Presentations to Students

- **Fall – Benefits of Furthering your Education**

Topics: The 6 different post-secondary options in Minnesota: University of Minnesota system, the state university system, private 4-year colleges, community colleges, technical colleges and private career schools; recommendations for a college preparatory curriculum; PLAN college entrance practice exam.

- **Spring – Using the Career Development Center**

Topics: Resources in the career development center including College catalogs, college entrance tests, military options, scholarships, financial aid; and further exploration of college and career websites.

Grade 11 Presentations to Students

- **September – Junior Year Planning**

Topics: PSAT, ACT, SAT Reasoning and SAT Subject tests, test dates, college entrance test application process, college fair, a calendar to assist students in their career planning, classes to prepare for the college entrance exams.

- **Winter - Career Cruising and Senior Year**

Registration Recommendations

Topics: Explore Career and College websites and the MN Go Places Book, reminder about college entrance exams, important recommendations for senior year registration.

Grade 12 Presentations to Students

- **September – Finalizing your Plans**

Topics: Graduation requirements, career plans, college fair, college entrance exams, the college application process, financial aid, scholarships, reciprocity, NCAA, college visits, and support groups.

- **December – Financial Aid**

Topics: The financial aid process, completing a FAFSA, and scholarships.