



12th Annual Eastview Lightning Wrestling Camp

1st – 9th Grade

(2009 -2010 School Year)

Lightning Wrestling Camp!

Date: July 20, 21, 22, 23 (Mon - Thurs)

Time: 9:00am - 12:00pm

Place: Eastview High School (Wrestling Room)

Cost: \$50.00 / Wrestler

Registering by June 5th is encouraged for planning purposes. Walk-in registrations accepted.

Questions: Kurt Habeck
(W) 952 431-8900
(H) 952 423-9784
kurt.habeck@district196.org

Sign-up today!

Camp goals this year:

- ◆ Have Fun! Beginners welcome.
- ◆ Learn basic & advanced techniques.
- ◆ Build “*Lightning Pride!*”

This year’s camp will include:

- ◆ Wrestling Techniques
- ◆ Organized Competitions & Games
- ◆ Grouped by Age, Weight, & Experience
- ◆ “Wrestle Mania” Competitions
- ◆ 2009 Lightning Highlight Video
- ◆ **Camp T-Shirt & Awards for everyone**
- ◆ “Hustle” & “Performance” Awards

DAILY TREATS!

LOTS OF LEARNING!

LOTS OF FUN!

Start Your Lightning Wrestling Career Today!

- ◆ **Our camp is staffed by EVHS Wrestling Coaches and Varsity Wrestlers.**
- ◆ **2008 Coach-to-Wrestler ratio = 1 Coach per 5 wrestlers!!**

Please Detach Here

Name _____ Grade ‘09-‘10 _____ Weight _____

Address: _____ City _____ St _____ Zip _____

Youth T-Shirt Size: M _____ L _____ Adult T-Shirt Size: S _____ M _____ L _____ XL _____ XXL _____

Parent Names: _____ Number of years you have attended camp? _____
(Including 2009)

E-Mail: _____

Home Phone # _____ Work Phone # _____

Please make check payable to **Eastview High School** & mail to:

Kurt Habeck
c/o Eastview High School
6200 140th St. West
Apple Valley, MN 55124-6912