



DEERWOOD NEWSLETTER

1480 DEERWOOD DRIVE * EAGAN, MINNESOTA 55122

PHONE: (651) 683-6801 * FAX: (651) 683-6808 * WEBSITE: WWW.DISTRICT196.ORG/DW

KINDERGARTEN-GRADE 1 MATH NIGHT

JANUARY 14 - 6:00-7:30 P.M.

All Kindergarten and First Grade parents are invited to come and enjoy a fun-filled evening of math activities. More information to follow!

UPCOMING EVENTS

January 4

- * School Resumes

January 5

- * District 196 K-Plus Meeting - 6:30 p.m. (Greenleaf Elementary)
- * Discovery Classes—2:45-3:45 p.m.

January 7

- * District 196 K-Plus Meeting - 6:30 p.m. (Glacier Hills Elementary)
- * Discovery Classes—2:45-3:45 p.m.

January 12

- * Deerwood Ski Club - 3:30 - 9:00 p.m.
- * Discovery Classes—2:45 -3:45 p.m.
- * Student Council Mtg. - 2:45 p.m.

January 14

- * Discovery Classes—2:45-3:45 p.m.
- * K-1 Math Night - 6:00-7:30 p.m.

January 15

- * H.P. Theater - Helen Keller - 8:45/9:45 a.m.

January 16

- * Inventors Fair - DHMS 10:30-11:30 a.m.

January 18

- * No School - MLK Jr. Day

January 19

- * Deerwood Ski Club - 3:30 - 9:00 p.m.
- * Discovery Classes - 2:45 -3:45 p.m.
- * Booster Club Mtg. - 6:30 p.m.

January 21

- * Discovery Classes—2:45-3:45 p.m.

January 26

- * Deerwood Ski Club - 3:30 - 9:00 p.m.

January 29

- * No School - Staff Development Day

DEERWOOD ELEMENTARY'S 2010 WINTER SOCIAL

FRIDAY, FEBRUARY 26

6:00 p.m. to 9:00 p.m.

COME ONE, COME ALL TO THE CARNIVAL!

All Deerwood families are invited
to join in the fun!

Mark Your Calendar Today!

Volunteers make the fun happen. If you'd like to help behind the scenes or the day of the carnival, please contact

Lindy Pfaltzgraff: pfaltzgraff@att.net

- ☞ Watch the impressive balancing and juggling performance by our special guest, Circus Juventas
- ☞ Dance to the DJ's awesome music
- ☞ Visit the fabulous photo booth
- ☞ Burn off some energy on the inflatables
- ☞ Show off with a fantastic face painting
- ☞ Head to the midway for fun games and crafts
- ☞ Enjoy delicious pizza, hot dogs, and snacks
- ☞ And so much more!

VOLUNTEERING AT DEERWOOD

LINDY PFALTZGRAFF, VOLUNTEER COORDINATOR

PHONE: 651-406-8556

E-MAIL: DW.VOLUNTEER@DISTRICT196.ORG

Here we are at the halfway point in the school year! To the many parents and family members who generously volunteer their time to help our students and teachers, we THANK YOU! So many of our programs would not be possible without your assistance, and your commitment to our students and their success is greatly appreciated! I hope you all have a wonderful winter break, and I look forward to having you volunteer in 2010!

THANK YOU DEERWOOD VOLUNTEERS!

Amy Harcourt	Heather Wright	Kathy McMonagle	Lynne Schneider	Rosemary Dulac
Anna Williams	Heidi Sartori	Kathy Mulvihill	Marcia Johnson	Sam McDonald
Barbara Moon	Ingrid Van Beynen	Kim Sabo	Marie Segar	Sandy Rozzell
Carrie Erickson	Jan Johnson	Kristi O'Brien	Megan Dratz	Sarah Meyer
Cathy Lutz	Jeff Picha	Kristine Diffley	Megan Pankow	Sharon Meekin
Chris Purington	Jen Gage	Lana Leonard	Mirla Conlon	Shelli Dombeck
Cyndee Markel	Jenny Eisenberg	Laura Duffy	Naomi Silguero	Sid Takkella
Deepa Mathur	Joanne Mueller	Laura Roberts	Pam Erickson	Susan Graves
Desiree Kamman	Judy Lim	Lesley Rylander	Paula Davis	Susan Nelsen
Dianne Pavek	Julia Heinzen	Linda Anderson	Paula Johnson	Taryn Fairchild
Doreen Runquist	Julie Bartl	Linsay Schilling	Robbi Aronson	Tony Coleman
EvaMarie Edwards	Kate Cahill	Lori Johnson	Ronna Coleman	Vern Rylander

When volunteering, remember to sign in on the volunteer sheet at the greeter table, or BEHIND Mrs. Galloway's desk

THANK YOU ...

Thank you to Kristi O'Brien for coordinating this year's holiday treat buffet for the Deerwood staff! We appreciate all of the parents who provided a delicious variety of appetizers and desserts for the staff to enjoy!

GREETERS NEEDED!

If you are interested in helping at the greeter table, please let me know. There are opportunities every day, from 8:15-10:20, 10:20-12:30, or 12:30-2:40. This is a great time to catch up on a book, do some paperwork, or work on a project for your child's teacher. This is flexible, so if you're available once a week, or once a month, send me an email, and I'll get you on the schedule! Pfaltzgraff@att.net.

BOX TOPS AND WASHED MILK CAPS NEEDED

Please continue to turn in your Box Tops and washed Milk Caps! It's amazing how quickly these can turn into big profits for our school! The October submission of Box Tops earned \$1,591.90 for Deerwood! Thank you for your continued support of these efforts!



NO SCHOOL ON THE FOLLOWING DAYS:
JAN. 18 - MLK DAY & JAN. 29 - STAFF DAY



CICI'S PIZZA NIGHT - TUESDAY, JANUARY 12

Mark your calendars for our next Cici's pizza night, **Tuesday, January 12th**! Your support of this fundraising effort has raised \$441.85 for Deerwood ~ thank you! Congratulations to Mrs. Odegard's class for having the most students at the snowy, December pizza night. We hope to see you and your families in January!

JOG-A-THON MEETING - THURSDAY, JANUARY 7 AT 7:00 P.M.

If you are interested in learning more about Deerwood's spring Jog-a-thon, please join us for a meeting on Thursday, January 7th, at 7:00 in the Art Room. We will be discussing the plans that have been made so far, and outlining what still needs to be done.

BOOSTER CLUB MEETING - TUESDAY, JANUARY 29 AT 6:30 P.M.

Please join us for our next Booster Club meeting, on Tuesday, January 19th, at 6:30 in the Library. We will be discussing the Winter Social, and hearing about the progress for our big spring event, the Run 4 Deerwood Jog-a-thon! If you've never attended a Booster Club meeting, now's the time to start! We hope to see you there!

GROCERIES FOR GOOD CAUSES AT KOWALSKI'S

Please continue to support Deerwood through Kowalski's Groceries for Good Causes program! Here's how it works... simply place your receipt in the box labeled "Deerwood Elementary" by the exit doors. You can even use your receipt from the Starbucks located inside the store! Every quarter, Kowalski's donates money to Deerwood based on the number of receipts collected. To date, Deerwood's Booster Club has received \$777.00!

SAVE THE DATE!

THURSDAY, FEBRUARY 18 - JUMP ROPE FOR HEART FAMILY NIGHT

FRIDAY, FEBRUARY 26 - DEERWOOD WINTER SOCIAL
~ 6:00-9:00 P.M.

TUESDAY, MARCH 16 - BOOSTER CLUB MEETING - 6:30 P.M.

FRIDAY, APRIL 30 — DEERWOOD JOG-A-THON

FRIDAY, MAY 21 - ICE CREAM SOCIAL AND BASKET RAFFLE
~ 5:00-8:00 P.M.

BE SURE YOU MARK YOUR CALENDAR TODAY!!

NATIONAL GEOGRAPHY BEE AT DEERWOOD!

As parents of 4th and 5th graders may have heard, in December all interested students at those grade levels had the chance to participate in this year's National Geography Bee. This competition, coordinated by the National Geographic Society, is for U.S. Students in grades 4 through 8. The preliminaries of this competition consisted of 7 rounds of questions on topics as varied as U.S. States, continents and countries and cultures from around the world. All of us were reminded how VERY MUCH there is to learn about the people and places on our planet! We had ten students who scored six correct out of the seven rounds. Our congratulations go to the following finalists:

**Cora Heinzen
Immanuel Johnmilton
Kennan Miller
Josh Drucker
Rithvik Vellaturi
Kazu Kim
Aryan Mathur
Ben Pankow
Ryan Moran
Claire Hoffman**

These students will participate in the Final Competition to be held in mid-January. The top two students from the Final Competition take part in the Championship Round to determine the one DW Geo Bee winner! This person will get to take the written test to try to qualify for the MN State Geography Bee, held in April. (Meanwhile, a whole lot of us are referring to website links Mrs. Dreier has on the library site—and studying atlases and regions. We've been reminded there's so much to learn!)

INVENTORS FAIR: CELEBRATING SOLUTIONS!

Problems surround us, but have we got a group of problem-solvers for you to see! You and your family won't want to miss the chance to see our Deerwood fourth and fifth grade students and inventions at this year's District Inventors Fair on Saturday, January 16! Third graders and their families may especially want to visit the fair to have a good idea of what the experience is all about for next year! It's a shot in the arm reminding us what's right with kids these days!

We hope to see you at Eagan High School on Saturday morning, January 16 between 10:30 and 11:30 at the Inventors Fair (come in the doors between Eagan High and Dakota Hills Middle Schools). Be a part of cheering on creativity, problem-solving and good old hard work! We also hope to display the Deerwood students' inventions at Parent Conferences, February 10th and 11th.

FOURTH GRADE DEMONSTRATION BAND CONCERT

The annual Band Demonstration Concert for 4th graders will be presented on Tuesday, January 26, 2010, at 10:15 a.m. in the Eagan High School auditorium. Fourth graders from Deerwood, Glacier Hills, Northview, Pinewood, and Woodland will be in attendance. Watch for a thick packet to come home toward the end of February with information about the process of how to choose/rent an instrument, which brands work the best, and how to sign up for 5th grade band!

The Eagan High School Band will be performing at the concert. Please feel free to contact Deerwood with any concerns or questions.

NEW SERVICE PROJECT FOR DEERWOOD STUDENT COUNCIL

Beginning January 19th, we will begin collecting boxed and canned foods as well as a variety of paper products. These donations will be delivered to a local food shelf after school on Thursday, January 28th. Please drop off your donations in your child's classroom. Thank you so much for your generosity!

Mrs. Sipe and Mrs. Swenson

Student Council Advisors



NUTRITION NEWS FLASH



Nutrition

Squash was featured as part of the “Local Lunch” experience being provided in District 196. In November and December, your child had the opportunity to try butternut and acorn squash.

During the next couple of months, your child will be introduced to dried beans, peas and lentils.

January 14 is the next “Local Lunch” day, and cannellini beans will be featured in a side salad.

Anasazi beans will replace the refried beans on the January 20 menu.



Exercise

It is important to exercise every day. Winter exercises include: ice skating, sledding, walking in the snow, cross-country skiing, jumping rope in your house, hula-hooping and playing floor hockey or basketball in a gym.

Winter can be long – so it is important to keep physically active all winter. Being active every day keeps you ready to learn.

Learning

Did you know...

Squash is high in beta-carotene and Vitamin A;

Squash is an excellent source of potassium, Vitamin C, calcium and fiber;

Hubbard squash can weigh up to 50 pounds;

Pumpkin is a type of squash and is used to make pies;

Beans are high in fiber, iron, magnesium, folate and have only one gram of fat;

Dried beans, peas and lentils need to be soaked in water overnight and then simmered for three hours to soften and cook thoroughly; and

Anasazi beans are great with ham or Mexican dishes.

Physical Education versus Physical Activity

School physical education programs provide physical activity to children and teach them how to sustain an activity lifestyle. Physical education programs are based on a curriculum.

Physical activity has significant health benefits for students. Physical activity is moving your body so that you use energy or burn calories through muscles or cardio-respiration (making your heart rate go faster).

NOTICE TO PARENTS

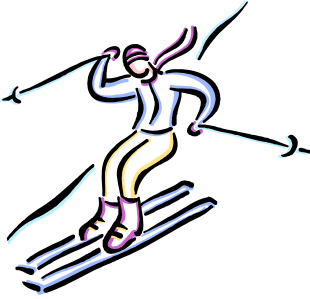
Under the Federal No Child Left Behind law parents have the right to ask for certain information about their child’s classroom teachers, and requires the District to give parents this information in a timely manner if they ask for it. Specifically, parents have the right to ask for the following information about each of their child’s classroom teachers:

Whether the Department of Education has licensed or qualified the teacher for the grades and subjects he or she teaches.

Whether the Department of Education has decided that the teacher can teach in a classroom without being licensed or qualified under state regulations because of special circumstances.

The teacher’s college major; whether the teacher has any advanced degrees and, if so, the subject of the degrees.

If you would like to receive any of this information, please call Tom Pederstuen, Director of Human Resources at 651.423.7859.



SKI CLUB INFORMATIONAL MEETING

By: Amy Fischer

We will be having an informational meeting for all Ski Club members the first week after winter break, in January. This meeting is during school and will cover all information that skiers and their parents will need to know before we go on our first trip. Parents do not need to attend. Members will be taking an informational letter and checklist home from this meeting.

Ski Club dates are as follows: **Tuesdays, January 12th, 19th and 26th** at Hyland Ski and Snowboard Area in Bloomington. Please contact me if you have any questions @

amy.fischer@district196.org .

Give Kids a SMILE

Dear Parents or Guardians:

Minnesota dental professionals are concerned about the growing number of children who don't have access to dental care. That's why about 2,500 dental professionals will come together on Feb. 5 and 6, 2010, to provide free dental care to low income children in need.

This special event is called "Give Kids a Smile" and is coordinated by the Minnesota Dental Association. The dental care will be available in community-based clinics and private practices in many locations throughout Minnesota. Here is more information:

All patients must have appointments in advance and be accompanied by a parent or legal guardian.

After Jan. 1, 2010, parents may call United Way 211 (just dial 2-1-1) or 800-543-7709. Operators will have a list of participating dental offices and will be able to direct people to a location in their area. Parents will then call the dental office to schedule an appointment.

Services will vary from preventive care, which includes cleanings, sealants and fluoride treatment, to restorative care, which includes fillings. Information on specific services that will be provided on Feb. 5 and 6 will be outlined when an appointment is scheduled.

Typically, clinics treat children ranging in age from 3 to 18. When calling for an appointment, parents should ask about any age requirements. Learn more at mndental.org.

