

News Release

FOR IMMEDIATE RELEASE
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FOR MORE INFORMATION:
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REvolution Swimming Begins September 15, 2008

This competitive swimming program, offered year-round by the District 196 Community Education Aquatics Program, is designed to equip young swimmers (grades 1-12) in the skills and conditioning needed for competitive swimming. Join us for practices on Monday, Tuesday, Wednesday, Thursday and Saturday, September 15 through November 25, at either Valley Middle School in Apple Valley or Dakota Hills Middle School in Eagan. Visit our website at www.district196.org/ce/RevSwimming/RevHome.cfm or call 651-683-6879 for more information.

Fall American Red Cross Swim Lessons

Learn to love to swim in District 196 Community Education's aquatics programs this fall. Develop swimming and water safety skills taught by caring and dedicated instructors trained in the American Red Cross curriculum. Enroll now in fall classes for infants through adults and all ability levels. Fall session begins September 15, and meet in the evenings at Black Hawk Middle School in Eagan and September 16, at Scott Highlands Middle School in Apple Valley. Saturday classes are offered during the fall at Black Hawk Middle School and Scott Highlands Middle School and Sundays at Black Hawk Middle School. Visit our website at www.district196.org/ce or call 651-683-6879 for more information and to register.

Lifeguard Training

District 196 Community Education offers American Red Cross certification in Lifeguarding. If you are 15 or older and want to work as a lifeguard at a pool or waterpark, register now for fall courses. Saturday classes are offered this fall beginning on September 27 at Black Hawk Middle School in Eagan. Visit our website at www.district196.org/ce or call 651-683-6879 for more information and to register.

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District 196 Community Education provides quality lifelong learning opportunities for more than 60,000 participants of all ages. District 196 serves more than 28,000 students in grades K-12 and includes all or part of Rosemount, Apple Valley, Eagan, Burnsville, Coates, Inver Grove Heights, Lakeville and Empire and Vermillion townships. For more information, visit www.district196.org/ce.