

FOR IMMEDIATE RELEASE

For More Information Contact:

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(June 2, 2009)

District 196 Community Education Classes Just For You!

Hundreds of wonderful learning choices for all ages ... for more information call 651-423-7920 or visit www.district196.org/ce.

Calendar: June 4-July 7, 2009

June 6

Haidong Gumdo a non-contact martial art that is suitable for everyone. 7:30-8:30 p.m. Mon & Wed. June 8-August 12. \$99. Parkview Elementary, 6795 Gerdine Path, Rosemount. Register online at www.district196.org/ce or call 651-423-7920.

June 9

Adult Tennis Lessons (ages 19 and up) Why should the kids have all the fun? 6-7 p.m. Tue. June 9-30. \$25. Eastview High School, 6200-140th St. W., Apple Valley. Register online at www.district196.org/ce or call 651-423-7920.

June 13

Adult Lap Swim Swim laps at your own pace to keep in shape all season long. 8-8:55 a.m. Sat. June 13-August 15. \$33.75. Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Register at www.district196.org/ce or call 651-683-6879.

June 15

Multi-Sport Camp (ages 4-6) Learn the fundamentals of soccer, baseball and basketball in a fun and enjoyable atmosphere. 9 a.m.-12 p.m. Mon-Fri. June 15-July 19. \$109. Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Register online at www.district196.org/ce or call 651-423-7920.

Guard Start (ages 11-14) Designed to guide youth into the American Red Cross Lifeguard Training program. 9 a.m.-12 p.m. Mon-Thu. June 15-18. \$95. Black Hawk Middle, 1540 Deerwood Dr., Eagan. Register at www.district196.org/ce or call 651-683-6879.

Lifeguarding for Pools and Waterparks (ages 15 and up) Become certified in American Red Cross Lifeguarding, Waterpark Lifeguarding, First Aid, and CPR/AED for the Professional Rescuer. 9 a.m.-4:30 p.m. Mon-Thu., June 15-18. \$225. Black Hawk Middle, 1540 Deerwood Dr., Eagan. Register at www.district196.org/ce or call 651-683-6879.

Summer Fun Golf Camp: Level 1 (Green Program) Beginner (ages 7 and up) Open to all golfers who are new to the program and have never played golf before. 10:15 a.m.-

12 p.m. Mon-Thu. June 15-18. \$105. Other levels and convenient times. Parkview Golf Course, 1310 Cliff Rd., Eagan. Register online at www.district196.org/ce or call 651-423-7920.

June 16

Teaching on the Internet (Online Class) Learn the skills you'll need to teach on the Internet. June 16-July 30. \$69. Virtual classroom. Register online at www.district196.org/ce or call 651-423-7920.

June 18

Standard First Aid Be prepared by learning to recognize and deal with emergencies including injuries and sudden illnesses. 9 a.m.-12 p.m. Thu. June 18. \$55. Black Hawk Middle, 1540 Deerwood Dr., Eagan. Register at www.district196.org/ce or call 651-683-6879.

June 22

Archery Adventure (ages 9-17) Learn how to properly shoot a bow or fine-tune your skills. 9-11:30 a.m. Mon-Thu. June 22-25. \$105. Other convenient times available. Pinewood Elementary, 4300 Dodd Rd., Eagan. Register online at www.district196.org/ce or call 651-423-7920.

Skippers (ages 3 - 4½) Combine movement and dance with motor skill development. 9:30-10:15 a.m. Mon-Fri., June 22-26. \$30. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Other age groups and convenient times. Register online at www.district196.org/ce or call 651-423-7920.

Lunch Bunch Free! Supervised lunch hour for children attending morning and afternoon District 196 Community Education classes this summer. June 22-26, June 29-July 2, July 6-10, at Dakota Hills Middle, 4183 Braddock Trail, Eagan; July 13-17, July 20-24, July 27-31 and August 3-7 at Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Call 651-423-7920 or visit www.district196.org for more information.

Girls Only Art Camp! (ages 5-11) This camp is just for girly girls! 12:30 -2:30 p.m. Mon-Thu., June 22-25. \$99. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Register online at www.district196.org/ce or call 651-423-7920.

Video Game Animation (grades 3-7) Dive into the world of video game animation by creating characters that dance, sing and interact with one another. 1-4 p.m. Mon-Thu., June 22-25. \$125. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Register online at www.district196.org/ce or call 651-423-7920.

Home alone (parents and children ages 7-11) Prepare for being at home alone -- for a few minutes, several hours or all day. 7-8:30 p.m. Mon. June 22. \$15. Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Register online at www.district196.org/ce or call 651-423-7920.

June 23

Babysitting Clinic (ages 11+) Learn to be a responsible babysitter. 9 a.m.-3 p.m. Tue. June 24. \$50. Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Other convenient times. Register online at www.district196.org/ce or call 651-423-7920.

June 25

South of the River Community Band Concert Hear selections played by a 65 member intergenerational band sponsored by District 196 Community Education. 7 p.m. Thu. June 25. FREE. Central (Erickson) Park, 2893-145th St. W., Rosemount. Call 952-431-0023 or visit www.southoftheriverband.org.

June 29

Chemical Concoction (grades 1-5) Discover the fascinating world of chemistry. 9 a.m.-12 p.m. Mon-Thu. June 29-July 2. \$109. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Register online at www.district196.org/ce or call 651-423-7920.

USTA Junior Team Tennis Novice League/Lessons (ages 9-12) Learn how to stroke the ball, serve and understand scoring and proper positioning on the court. 10-11 a.m. Mon-Thu., June 29-July 9. \$55. Other levels and convenient times. Eastview High School, 6200-140th St. W., Apple Valley. Register online at www.district196.org/ce or call 651-423-7920.

Get Set to Be a Vet (ages 9-12) Look at the careers of veterinarians and learn about specialties such as large animal and zoo practice. 1-3 p.m. Mon-Thu. June 29-July 2. \$89. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Register online at www.district196.org/ce or call 651-423-7920.

July 6

Family Yoga (parents and children ages 3-8) Create a playful learning environment with animal yoga poses, stories, games and relaxation. 10-10:45 a.m. Mon-Fri., July 6-10. \$39 parent and child; \$10 add'l child. Dakota Hills Middle, 4183 Braddock Trail, Eagan. Register online at www.district196.org/ce or call 651-423-7920.

Volleyball Camp (ages 10-14) This co-ed program helps each athlete develop the fundamental skills of the game through game-speed drills and scrimmages. 1-4 p.m. Mon-Fri., July 6-10. \$109. Scott Highlands Middle, 14011 Pilot Knob Rd., Apple Valley. Other convenient times. Register online at www.district196.org/ce or call 651-423-7920.

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District 196 Community Education provides quality lifelong learning opportunities for more than 60,000 participants of all ages. District 196 serves more than 27,000 students in grades K-12 and includes all or part of Rosemount, Apple Valley, Eagan, Burnsville, Coates, Inver Grove Heights, Lakeville and Empire and Vermillion townships. For more information, visit www.district196.org/ce.