

# more enrichment



Enrich yourself and your children! Look for many more learning opportunities for you and your little ones at [www.district196.org/ce](http://www.district196.org/ce) or call **651-423-7920** for more information.



## Family Creative Dance (parents and children ages 18 mos-3 yrs)

Dance along with your little ones and discover how much fun it is! Use your imagination and self-expression to explore the art of dance and music.

Thu | Jun 22 - Aug 10 | 9:30-10am | 4 ses | \$35  
FRMS | YAAACD-U1

## Animal Explorers Dance Camp (ages 4-7)

Use your imagination while focusing on different animals and how they move to explore dance.

Mon-Thu | Jul 24-27 | 9:30am-noon | 4 ses | \$99  
FRMS | YAAAE-U1

## Disney® Princess Dance Camp (ages 4-7)

Learn about coordination, musicality, rhythm and interpreting different styles of music through basic ballet movements.

Mon-Thu | Jun 12-15 | 9:30am-12pm or 12:30-3pm | 4 ses  
\$99 | FRMS | YAAPD-U1 or 2

## Little Doodlers - I Love Art (ages 3-5)

Explore art and creativity as you learn to paint a stingray with watercolors, make a mosaic owl and sculpt a cupcake or cookie and more!

Mon & Wed | Jul 17 & 19 | 9:30am-noon | 2 ses | \$75 | FRMS | YABLD-U1

## Preschool Gymnastics (ages 3-5)

Express creativity while learning the basics of gymnastics. Practice tumbling, balance, safety and combination skills.

Wed | Jun 14-Aug 2 | 12:15-1pm | 8 ses | \$89 | RHS | YGYMNP-U4

## Dragons vs. Unicorns (ages 4-6)

Inspired by the books *Dragons Love Tacos*, *A Unicorn Named Sparkle* and *Dragon Soup*, there's no telling what kind of adventures you will bring to life on stage using the Actor's Toolbox this summer!

Mon-Fri | Jun 19-23 | 10:30am-noon | 5 ses | \$59 | FRMS | YSTDU-U1



## Learn to Swim

It's never too early to encourage a love of water. We offer age-appropriate, safe instruction in our swim lessons: *Aqua Tots (6 to 36 months)* and *Aqua Kids (ages 3 to 5)* at our middle school pools. Go to [www.district196.org/swim](http://www.district196.org/swim) or call 952-431-8777 for more information.

### Locations

FRMS | Falcon Ridge Middle School | 12900 Johnny Cake Ridge Road | Apple Valley  
RHS | Rosemount High School | 3335 142nd Street West | Rosemount

Non-Profit Org.  
U.S. Postage  
PAID  
Twin Cities, MN  
Permit # 7732



Early Childhood Family Education & School Readiness

4679 144th Street W  
Apple Valley, MN 55124

Serving all or part of Rosemount, Apple Valley, Eagan, Burnsville, Coates, Inver Grove Heights, Lakeville, and Empire and Vermillion Townships.

Jane K. Berenz,

Superintendent

Khia Brown,

Director of Community Education

School Board

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## ECFE Playtimes

Parents, come and play with your children.

No preregistration needed!

### Especially for Babies:

#### Birth through 12 months

This is a time for babies and parents to play in our infant environment. Come and explore new toys, sing songs or enjoy other fun activities led by an ECFE teacher. There will also be time to meet other parents and their babies! Baby playtime is free.

Tue | Jul 11, 18, 25; Aug 1 | 1-3pm  
FREE | Room 216

### Family Playtimes:

#### Birth through Prekindergarten

Come and play at our house with your preschool children. Fun activities such as playdough, paints, sand, water, dress up, music and stories will be available. Families are welcomed on a first-come, first-served basis until room capacity is reached.

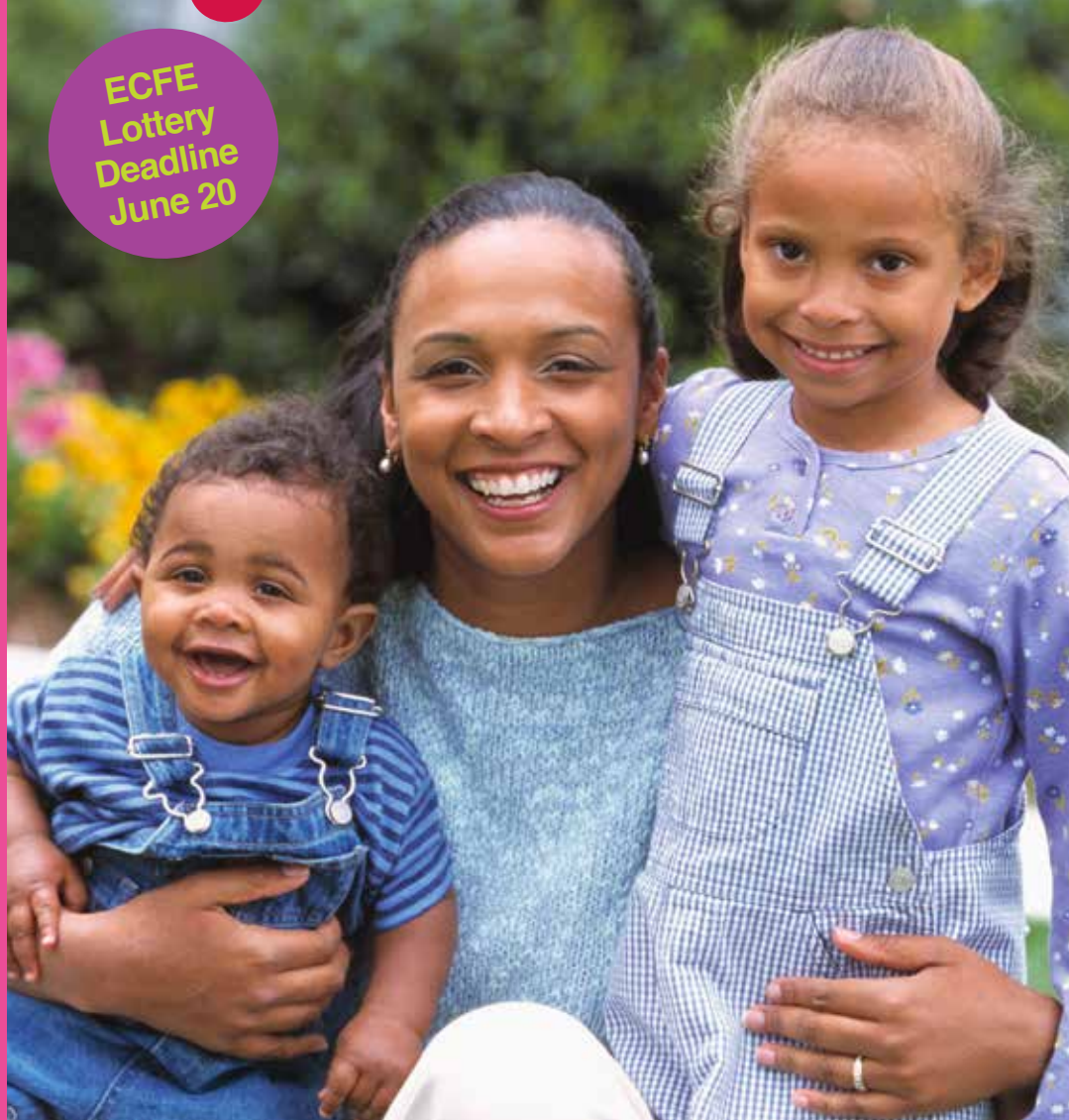
Children enrolled in kindergarten for fall 2017 are welcome to attend. The fee is only \$4 per child and punch cards for discounted fees are available for purchase. No charge for babies through 12 months.

Thu | Jul 13, 20, 27; Aug 3 | 9-11:30am  
\$4 per child | Room 215



District 196 does not discriminate in employment or in any of its programs and activities, including vocational opportunities, on the basis of race, color, creed, religion, national origin, sex, marital status, status with regard to public assistance, familial status, membership or activity in a local human rights commission, disability, sexual orientation, age or genetic information. District 196 provides equal access to designated youth groups. The Director of Human Resources, Tom Pederstuen (651-423-7859 - tom.pederstuen@district196.org) has been designated to respond to employment-related inquiries regarding the non-discrimination policies. The Director of Elementary Education, Sally Soliday (651-423-7782 - sally.soliday@district196.org) and the Director of Secondary Education, Dr. Mark Parr (651-423-7712 - mark.parr@district196.org) have been designated to respond to student-related inquiries regarding the non-discrimination policies. The Director of Special Education, Mary Kreger (651-423-7629 - mary.kreger@district196.org) has been designated to respond to inquiries concerning the rights of a student with a disability. The mailing address for all directors is 3455 153rd Street W, Rosemount, MN 55068.

# early childhood & parenting



ECFE Lottery Deadline June 20



Early Childhood Family Education & School Readiness



# Welcome to Early Childhood Family Education

We offer **fun, educational, affordable** programs for parents and their children from birth through prekindergarten. Our **summer** schedule provides a sample of the classes available throughout the year, including age-specific and topic classes. **Family playtimes** for parents and their children from **birth through prekindergarten** are listed on the back of the brochure.

For classes listed below, parents and children will not separate. Registration is limited to children in the designated age groups.

## Babies: Birth Through 12 Months (No separation)

Babies sure bring big changes to every family! Join other parents of infants and learn how to make the adjustment to "being a family." This will be a relaxing and informative class. You can ask your questions, and we will share ideas with you about building a solid base for your family. We will also have time to sing songs and play some games with the babies.

Tue | Jul 11, 18, 25; Aug 1 | 5:45-7:15pm | Free\* | 100-216

## Babies: Birth Through 6 Months (No separation)

Having a baby can mean major adjustments in every area of your life. Physical, social, mental, emotional and financial changes often occur. This relaxing class is designed to be educational, yet allow you to slow down, enjoy your infant and learn some fun games and songs.

Tue | Jul 11, 18, 25; Aug 1 | 8:30-10am | Free\* | 101-216

## Babies: 7 Through 12 Months (No separation)

Here is a chance to let your baby experience new sights and sounds during this one-on-one time with you. You will meet other parents, sharing questions on sleep, schedules and feeding. This fun class will nurture your relationship with your baby.

Tue | Jul 11, 18, 25; Aug 1 | 10:30-noon | Free\* | 102-216

## Parents and Tiny Toddlers: 13 through 18 months (No separation)

This class suits parents with those tiny toddlers who get weary after playing hard. You and your child will remain in the same room while the parent discussion takes place, a good way to practice separation with you nearby. We will talk about your choice of subjects, which could include separation anxiety, setting limits, development or other relevant topics.

Wed | Jul 12, 19, 26; Aug 2 | 8:30-10am | Fee B | 151-216

## Parents and Toddlers: 19 through 23 months (No separation)

As your toddlers rapidly grow and try new things, establishing routines and consistency are very important. Parents will learn how to arrange the environment to set limits and help move children from activity to activity. You can choose your discussion topics for these classes. Come and see what you can expect from your growing toddler.

Wed | Jul 12, 19, 26; Aug 2 | 10:30-noon | Fee B | 217-216

## Parents and Ones: 13 through 24 months (No separation)

Looking for a fun class for your one-year-old? Join other parents and toddlers for an evening class. Toddlers love to take off and explore if their parents are close by. Parent discussion will take place in the children's room, where toddlers can check in with their parents if they need to.

Wed | Jul 12, 19, 26; Aug 2 | 5:45-7:15pm | Fee B | 220-216

Call us at 952-388-1953 if you did not receive your lottery confirmation email. engage • inspire • enrich

For classes listed below, parents and children will separate.

Please register ALL children, including siblings.

Children attending kindergarten for fall 2017 are eligible to enroll.



## Parents and Twos: 24 through 35 months (Separation)

Twos are growing at high speed, so they require guidance and limits as they set out to try everything in sight. Make a date with your two-year-old and learn delightful ways to enjoy time together. You will value a parent group in which you can learn about and share this super stage in your child's development.

Wed | Jul 12, 19, 26; Aug 2 | 5:45-7:15pm | Fee B | 255-118

Thu | Jul 13, 20, 27; Aug 3 | 8:30-10am | Fee B | 255-118A

Thu | Jul 13, 20, 27; Aug 3 | 10:30-noon | Fee B | 255-118B

## Exploring Nature (Separation)

Summer is finally here, and in Minnesota we want to get out and enjoy it. We will discuss ways children can interact with the environment and enjoy the great outdoors. Research reveals that contact with nature is necessary for the healthy development of children and adults. This growing body of research links our mental, physical and spiritual health directly to our association with nature. Find out why we are becoming a "de-natured" society. This class will include at least one field trip to discover our community's natural spaces and activities that your children will love.

Wed | Jul 12, 19, 26; Aug 2 | 9-11am | Fee A | 318-118

## Positive Parenting (Separation)

This class is for parents who want to focus on the positive by learning to guide and teach young children in ways that are kind but firm. We will explore what prompts children to behave in ways that are sometimes confusing. Based on the book *Positive Discipline* by Dr. Jane Nelsen, this class will help you learn the skills and tools necessary to decode children's behaviors and respond in ways that address them. Children will experience positive guidance in the classroom as they make new friends and enjoy activities.

Tue | Jul 11, 18, 25; Aug 1 | 9-11am | Fee A | 462-118A

Tue | Jul 11, 18, 25; Aug 1 | 5:45-7:45pm | Fee A | 462-118B

## DAKOTA VALLEY LEARNING CENTER 4679 144th Street West, Apple Valley

ROOM 118	TUESDAY	WEDNESDAY	THURSDAY
<b>MORNING</b>	#462-118A Positive Parenting 9-11	#318-118 Exploring Nature 9-11	#255-118A & 118B Parents and Twos 8:30-10 10:30-noon
<b>EVENING</b>	#462-118B Positive Parenting 5:45-7:45	#255-118 Parents and Twos 5:45-7:15	

ROOM 215	TUESDAY	WEDNESDAY	THURSDAY
<b>MORNING</b>			Family Playtime 9-11:30

ROOM 216	TUESDAY	WEDNESDAY	THURSDAY
<b>MORNING</b>	#101-216 Babies: Birth-6 Months 8:30-10 #102-216 Babies: 7-12 Months 10:30-noon	#151-216 Tiny Toddlers 8:30-10 #217-216 Toddlers 10:30-noon	
<b>AFTERNOON</b>	Baby Playtime 1-3		
<b>EVENING</b>	#100-216 Babies: Birth-12 Months 5:45-7:15	#220-216 Parents and Ones 5:45-7:15	

## Family name

Parent(s) attending 1) \_\_\_\_\_ 2) \_\_\_\_\_

Address \_\_\_\_\_

Phones (H) \_\_\_\_\_ (Cell) \_\_\_\_\_ (W) \_\_\_\_\_

Email address for class confirmation \_\_\_\_\_

Children and infants attending 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Date of birth and gender 1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_  M  F  M  F

Class Number	Class Title	Day/Time
1st Choice		
2nd Choice		

## Payment Scale Combined Family Income

Income	Fee A 1 Child	Fee A 2+ Children	Fee B 1 Child	Fee B 2+ Children	Fee B 2+ Children
Under \$15,000	\$12	\$18	\$9	\$13	\$13
\$15,000 to \$29,999	\$18	\$23	\$13	\$18	\$18
\$30,000 to \$44,999	\$23	\$29	\$18	\$22	\$22
\$45,000 to \$59,999	\$29	\$37	\$22	\$28	\$28
\$60,000 to \$74,999	\$35	\$43	\$26	\$32	\$32
\$75,000 to \$89,999	\$44	\$51	\$33	\$39	\$39
\$90,000 to \$104,999	\$53	\$62	\$40	\$46	\$46
\$105,000 to \$119,999	\$62	\$70	\$46	\$53	\$53
\$120,000 and up	\$70	\$79	\$53	\$59	\$59

Charge my:  Visa  MasterCard  Discover # \_\_\_\_\_

ECFE class fee \$ \_\_\_\_\_  
Total amount of payment \$ \_\_\_\_\_

Check to School District 196 ECFE

Check number # \_\_\_\_\_

Mail to: ECFE at Dakota Valley Learning Center, 4679 144th St W, Apple Valley, MN 55124

Fax to: 952-388-1948 (Call 952-388-1953 to confirm)

## Registration Information

**ONLINE at [www.district196.org/ecfe](http://www.district196.org/ecfe).** Click on ECFE Registration in the left sidebar. If you have an existing FeePay/ELEYO account, click on Sign In. If you are new to FeePay/ELEYO, click on Create Account. After you log in or your new account is created, add an ECFE class to your cart and click on checkout to complete your registration.

- Lottery registration deadline June 20, 2017
- Lottery (computer generated) June 22, 2017
- Class confirmations will be emailed if an email address is provided.
- Following the lottery, class availability can be checked online. Registration is on a first-come, first-served basis.

## For More Information

Visit [www.district196.org/ecfe](http://www.district196.org/ecfe) or call our office at 952-388-1953 between the hours of 7:30am and 4pm weekdays.

