

THE ALC INSIDER

Volume I

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Students come to the ALC everyday but do they know how the ALC came about?

The ALC has been around for 22 years. The original mission was to help students at risk of not getting a diploma graduate. Shirley Gilmore was the first coordinator at the Rosemount site which started with about 30 to 40 students that gradually progressed to about 80 students.

At the Rosemount site there were too many students and the Fire Marshall said they had to move the location. After that the ALC was moved to the Apple Valley CAC site where they had about 200 students. They were there for 11 years but had to move from there because it was a business/school mix and that didn't work well. The school moved once again.

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As of now this is the third building. This year there are between 175 to 200 students at the ALC, and the coordinator is Dave Schmitz. He's been around for 16 years. Also, our social studies teachers Mark and Ben have taught here for 10 or 11 years. David Allen is the only original teacher who is still around.

Students are lucky to have an alternative school to help them rather than a regular public high



All School Activity Day

Thursday, October 9, 2008

- To celebrate the end of Term I, students and staff will attend an *Encore!* performance at O'Shaunacy Theater followed by a picnic lunch.



SHOP CLASS

By Iesha Babic



Shop class, what comes to mind? Let me start off by saying, this definitely isn't your every day class. . .

Something that the ALC kids love is having fun and dealing with all kinds of weird tools! In the ALC shop class we have fun building chairs, bird houses, tables, rocking chairs and even a real-size rocking horse!

Sounds impossible but not in ALC's shop class. You can earn credit by doing something you love, something that's your passion, or maybe a develop a new hobby in school.

Some students say they get a great boost of confidence when



they're dealing with craftery and building something real and useful after taking this amazing class. Shop is offered every other term at the ALC.

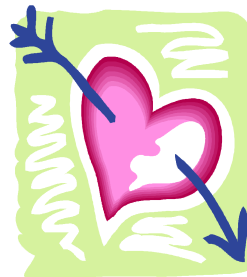
Another cool reason to take this class is the teacher ---David Allen. Duh! Just about anyone can tell you how he brings a big and warm feeling to the students at the ALC. He's funny, smart, funny, loves building, and funny. David Allen is just about everything you would want in a teacher. He is great.

Make sure you put shop as a class on your schedule.



Romance at the ALC

By Israel Martinez- Sanchez

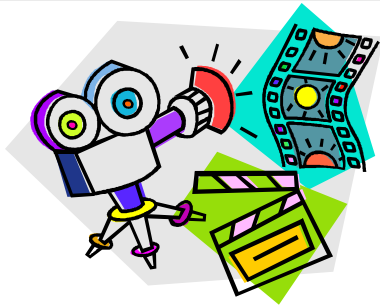


There are many students in relationships at the ALC. Some are good and some are bad.

Some of the great things about a relationship is that you have someone who to talk to when you in a serious problem. A lot of girls want the best for you and try to encourage you to go to school and actually stay in school. Many girls don't like it when their boyfriends smoke, drink, or do any drugs; they say is a turn off. In other words, a relationship may be good as well as it may be bad.

Other types of relationship are bad because you have less time to hang around with your friends or they get jealous because you're talking to your female friend. You have less freedom. Girls usually expect a lot from guys. You may lose respect from your parents and family members because they might not like her. The worst part of a relationship is you may end up with a STDs (use a condom).

There are good and bad things in a relationship. Watch out for some girls. Choose who you're dating carefully, and you get to decide for yourself what type of lifestyle you want: single or with someone.



Pineapple Express: Movie Review

By Brianna Zautner

I recently went to the theater and saw the movie *Pineapple Express* with a friend of mine. For awhile I kept seeing previews for it and thinking that I really wanted to see it because it looked really funny that I would really enjoy. So I finally got to enjoy it with my large delicious popcorn.

This movie is definitely a comedy. It was actually written by some of the writers who wrote *Superbad* which was also a super funny movie. One of the writers was Ean Goldberg. The main actors in the movie are Seth Rogen, who plays Dale Denton, and James Franco, whose character is Saul Silver.



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A lot of people have talked about this movie and said how funny it was, and said that they wanted to see it again and buy it. I have also heard people say that it was their favorite movie.

One main plot in the movie is that one of the actors witnesses a murder and is trying to run away from the people because they know he saw it happen.

I don't want to sit here and tell you what the whole movie is about because that's just going to ruin the whole thing, but what I'm trying to say is I suggest you rent to movie on DVD.. Almost the whole movie will make you laugh.

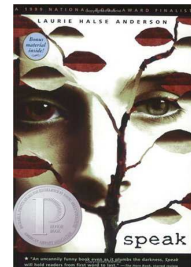
Those are my reasons I think you should watch *Pineapple Express*. I really don't think you will regret watching it.

Book Review: *Speak*

Author: Laurie Halse Anderson

By Iesha Babic

I like this book because it's easy to understand and visualize what's going on in the story without getting lost with too much going on. It's also a book that I can relate to looking back on my freshman year.



It's Melinda Sordino's first day of high school as a freshman. She steps onto the school bus with a stomachache and a sense of fear. Soon, she's the only person on the bus sitting alone. Arriving at Merry weather High, she is herded into the auditorium with the other ninth graders. As she looks around, Melinda privately gives names to all the groups of students-Jocks, Country Clubbers, Suffering Artists, Goths, and Cheerleaders and so on. Melinda is all by herself, an out-cast.

Skate Spot of the Month

By Elliot Williams

Over my many years of skating many people discover many new and upcoming spots to skate without getting kicked out. For this months spotlight spot is the Post Office Six Stair in downtown Minneapolis..

This spot has a handrail in the middle which you can skate from both sides whether you're regular or goofy. It has an easy runway, with no cracks at all, so you can't fall. I've seen many people skating this spot and learning new tricks down the stairs which they can later bring to bigger stuff: stairs, rails, etc.

Although this is a great spot to skate the only thing is that you have to watch your landing because it goes right into a main road, so you have to be careful. Also, you need to look out for the "crack heads" down there. You need to make sure you leave all valuables in your car and lock it.

This prime spot is located down the road from First Avenue Club and the Target Center. Make sure you go on a Sunday though for the most time to skate because the post office is closed on Sundays.



Top Ten Skate Spots

By Eddie Williams



10 - Burnsville Skate Park

It has a nice street course but the ground is rough so it is tough.

9 - Apple Valley: Larson to Larson 5 Stairs

This spot is fun for beginners, but they call the cops called every 5 seconds.

8 - Apple Valley Library 6 Stairs

This spot is also cool, but you've got to be safe because there is a police station across the street.

7 - Apple Valley Movie Theater 7 Stairs

This one is ok but also annoying because there are little kids running around all the time.

6 - Southport Ledges

It's so high that it will kill your knees to land, so go for it.

5 - Minneapolis Taco

It has high slanted walls, so you can wall ride the slopes. It's sick.

4 - The Streets of Minneapolis

The most fun place in the world. It's almost as good as heaven.

3 - Apple Valley Cub Loading Dock

This place has a lot of rocks, but if you're a street type of person, then it will be cool.

2 - Eastview Skate Park

It is fun, but there are a lot of skaters here so it gets really annoying.

1 - Burnsville Stair Garden

This is the most amazing spot to skate if you like a lot of stairs.



TOP 10 BEST ICE CREAM FLAVORS

By Brianna Zautner

1. BUBBLE GUM
2. COOKIE DOUGH
3. VANILLA WITH CHOCOLATE
4. COOKIES AND CREAM
5. BANANA SPLIT DIP'N DOTS
6. CHOCOLATE WITH FUDGE CHUNKS
7. RASPBERRY SHERBERT
8. COFFEE/VANILLA BEAN
9. CHOCOLATE
10. REESE'S

Ice cream is a favorite snack. There are so many different flavors of ice cream. This is a list of some favorites from the journalism class which includes my all time favorite ice cream is by far: bubble gum . It has been since I was a little kid.

There are a lot of different places to buy ice cream. Just from grocery stores or from actual ice cream shops. Bugaloo's has some super delicious ice cream. It's in Farmington and people have been known to travel all the way from Apple Valley to Bugaloo's to get ice cream from there.

Ice cream is always a good treat to have any-time of the day. So I say go sit down and have a nice big bowl of



New Teacher: Tyler Zimmerman

By Amanda Griggs

So who is Tyler Zimmerman? First off, he is the biology fundamentals and S.W.A.S. science teacher here at the ALC. He also teaches biology at Apple Valley High School. Before coming to the ALC and Apple Valley, Tyler taught at Blackhawk Middle School for eight years (1999-2007).



Did you know that he taught English in Japan for a year? But other than that Tyler has lived here in Minnesota. Tyler teaches Japanese fencing which is called Kendo; he practices Kendo four days a week and works out everyday.

Tyler got his undergrad teaching degree at the University of Minnesota, Duluth and his masters at St. Mary University. He has a wife named Anna that is expecting a little girl. Anna teaches English to immigrants at Highland Elementary School.

Tyler thinks most students here at ALC are very intelligent. He also thinks that most students are here not for their academic deficiency but for other circumstances. "I am impressed with the students I teach. The main things I want to teach students is that they should do their best because that's what they're meant to do." Tyler said but the only thing he would like to see change here at the ALC is more professional attitudes and more politeness.

Weekly Horoscope

By Rachel Grondin



Aries

March 21-April 19: There is a lot going on in your life this week and you need to understand that this is no time to take others for granted, or to "assume" you know what they're thinking or feeling.



Taurus

April 20-May 20: You need to be very careful at the workplace because this week's energy can cause tensions and opposing forces to rise up to challenge your position, power or authority.



Gemini

May 21-June 21: You are in a very powerful financial position... That doesn't mean everything is going to be all peaches and cream in your life at the moment. The idea is that in order to take the actions needed to ensure your future prosperity.



Cancer

June 22-July 22: Now, more than ever you need to be strong in yourself and in your personal beliefs. You cannot allow yourself to cave into the whims of others when your gut instincts are telling you to stand tall.



Leo

July 23-Aug 22: Make no mistake about it... Allow no one or nothing to cause you to give up your hopes, dreams and wishes this week. You need to take the time to check and verify the words and statements others are making.



Virgo

Aug 23-Sept 22: Consider this... "If you always do, what you've always done... You'll always get, what you always have gotten."



Libra

Sept. 23-Oct. 22: This week the attention of others will be directed squarely at you. As long as others will be "checking you out", let them see you at your absolute best.



Scorpio

Oct. 23-Nov. 21: You need to be extremely careful this week because you are not currently seeing things as they really are. Somehow, someone or something has altered your ideas, understanding or perception in a way that actually poses a personal threat to you.



Sagittarius

Nov. 22-Dec. 21: Everybody suddenly seems to think they know what's best for you and what you should do and what direction you should go. You need to stand tall in your personal beliefs and feelings, but to also be willing to listen to other ideas.



Capricorn

Dec. 22-Jan. 19: Make sure you treat others fairly and with the respect and dignity they deserve. There are very powerful career and professional opportunities waiting to be discovered.



Aquarius

Jan. 20-Feb. 18: The big question will be when push comes to shove, will you adhere and upon your core level beliefs or will you cave into the public opinion of others.



Pisces

Feb. 19-March 20: Your week is designed to be light and fun. It's intended to guide you towards situations or events that will allow your inner passions to rise up and be directed at projects that will bring you the