

Cheer, stunt and flip!

two teams!

Apple Valley Competition Cheer Team (incoming grades 2-5 & grades 6-8)

Learn the basics of cheerleading including



dance and cheer skills, jumps, stunting, and tumbling. Showcase your new cheer routine by competing at local competitions, including the MN State Cheer Competition.

No experience necessary, just a smile and positive attitude! Questions? Email avescheerleading@gmail.com.

Attend an informational meeting to learn more about us!

Informational Meetings:

Tue | May 2 | 6pm at VMS Lecture Room

Tue | May 9 | 6pm at SHMS Lecture Room

Thu | May 11 | 6pm at FRMS Lecture Room

Cheer Clinics:

Tue & Thu | May 23 & 25 | 6:15-8:15pm at SV Gym

Mandatory kickoff meeting
Tue | May 30 | 6pm | VMS Lecture Room

Locations

VMS | Valley Middle School
900 Garden View Dr, Apple Valley
SHMS | Scott Highlands Middle School
14011 Pilot Knob Rd, Apple Valley
FRMS | Falcon Ridge Middle School
12900 Johnny Cake Ridge Rd, Apple Valley
SV | Southview Elementary
1025 Whitney Dr, Apple Valley



online register will be open May 2nd at
www.district196.org/ce or call **651-423-7920**

District 196 does not discriminate in employment or in any of its programs and activities on the basis of race, color, creed, religion, national origin, sex, marital status, status with regard to public assistance, familial status, membership or activity in a local human rights commission, disability, sexual orientation, age or genetic information. District 196 provides equal access to designated youth groups. The Director of Human Resources (651-423-7859) has been designated to respond to employment-related inquiries regarding the non-discrimination policies. The Director of Elementary Education (651-423-7782) and the Director of Secondary Education (651-423-7712) have been designated to respond to student-related inquiries regarding the non-discrimination policies. The Director of Special Education (651-423-7629) has been designated to respond to inquiries concerning the rights of a student with a disability. The mailing address for all directors is 3455 153rd Street W, Rosemount, MN 55068. 4/18/17